

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Wellness Day 9:00 Fit & Fab Weigh In (LC) 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (FL) 10:30 Bean Bag Toss! (AR) 1:30 "Heart Health" with Peter from Medical Pharmacies (NL) 3:00 Winter Hand Paraffin Wax Treatments! (AR) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL)	2 Groundhog Day 9:30 Darts with Amber (AR) 10:45 Carpet Bowling with Amber (AR) 1:30 Hole in one Mini Putt! (EL) 2:30 VON Exercise Class (AR) 3:00 Tea Social: Hangman TR 6:30 Nickel Bingo with Elaine (AR) 7:30 Billiards Night (SL)	3 Arbonne Products Sale 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (FL) 10:30 Anglican Service (AR) 2:00 Horse Race Derby! (AR) 3:00 Walking Club & Heart rate Monitoring with Monica (NL) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL)	4 9:45 Fit as a Fiddle with Suzan (AR) 10:30 Nickel Bingo with Barb (AR) 2:00 Sing Along with Phyl! (AR) 3:00 Arm Chair Travels: The Egyptian Pharaohs" (LC) 3:30 Shuffleboard (AR) 7:00 Pub Night and Dance with Eric Kidd! (AR)	5 9:30 Programs with Amber (SR) 10:00 Tuck Shop (FL) 10:30 VON Exercise Class (AR) 1:30 Washer Toss (AR) 3:00 Confidence and Relaxation Exercise with Amber (SR) 3:30 Shuffleboard (AR) 7:00 Euchre Night (AR) 7:00 Friday Flick & Munchies: "Legally Blonde" (NL)	6 9:30 Fit & Fab Walking (NL) 9:45 Catholic Service with Deacon Del (SR) 10:15 AM Energizer (AR) 2:00 Afternoon Nickel Bingo with Falk (AR) 3:30 Shuffleboard (AR) 7:00 Euchre & Games (AR)
	7 10:30 Wii Sports (AR) 10:30 Hole in one Mini Putt (EL) 1:30 Heritage Baptist Church Service (AR) 2:30 Sunday Matinee: "The Notebook" (AR) 3:00 Brainergizer: Fill in the Blanks (TR) 7:00 Bingo Night at the Terrace with Falk (AR)	8 9:00 Fit & Fab Weigh In (LC) 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (FL) 2:00 Horse Race Derby! (AR) 3:00 Fitness with Lisa! (AR) 3:00 Winter Hand Paraffin Wax Treatments (SR) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL)	9 9:30 Darts with Amber (AR) 10:45 Carpet Bowling with Amber (AR) 1:30 Pampering with Patti: Chinese New Year Taboos (SR) 2:30 VON Exercise Class (AR) 3:00 Tea Social: Canadian Trivia (TR) 3:30 Nickel Bingo with Falk (AR) 7:30 Billiards Night (SL)	10 Ash Wednesday 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (FL) 10:30 Sing Along with Lynn (AR) 10:45 Menu Chat with Darlene (DR) 1:30 Fitness with Lisa (AR) 2:00 Race Horse Derby! (AR) 3:00 Walking Club & Heart Rate Monitoring with Monica (NL) 7:00 Shuffleboard (AR)	11 9:45 Fit as a Fiddle with Suzan (AR) 10:30 Nickel Bingo with Barb (AR) 1:30 Adventures in Art: "Lovebirds" in Acrylic (AR) 3:00 Fitness with Lisa! (LC) 3:30 Shuffleboard (AR) 7:00 Sadie Hawkins Dance and Pub with Rina Koski! (AR)	12 Sweetheart Photos 10:00 Tuck Shop (FL) 10:30 VON Exercise Class (AR) 1:30 Tech Talk: The Worldwide Web (LC) 3:30 Shuffleboard (AR) 7:00 Euchre Night (AR) 7:00 Friday Flick & Munchies; "Miss Congeniality" (NL)
14 Valentine's Day 10:30 Scrabble (EL) 10:30 Hole in One Mini Putt (EL) 2:30 Meditation and Relaxation with Ruth (SR) 3:00 Brainergizer: Spot the Difference (TR) 7:00 Bingo Night at the Terrace with Barb (AR)	15 Family Day Holiday 10:15 AM Energizer (AR) 10:30 Scrabble (EL) 1:30 Card and Games (EL) 2:00 Horse Race Derby! (AR) 3:00 Tea Time Social: Famous Families (TR) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL)	16 9:00 Fit & Fab Weigh In (LC) 9:30 Exercises with Amber (AR) 10:15 Tuck Shop (FL) 10:30 St. Mary's Church Catholic Mass (AR) 1:30 Pampering with Patti (SR) 2:00 Vocal Maturity Barbershop Group Performance (AR) 3:30 Nickel Bingo with Falk (AR) 7:00 Hi Way Singers! (AR)	17 9:30 VON Exercise Class (AR) 9:30 Kindermusik (EL) 10:00 Tuck Shop (FL) 10:30 Sing Along with Lynn (AR) 1:30 Fitness with Lisa! (LC) 2:00 Ladder Ball Competition: Best 2 of 3! (AR) 3:00 Walking Club & Heart Rate Monitoring with Monica (NL) 7:00 Shuffleboard (AR)	18 Margarittaville! 9:45 Fit as a Fiddle with Suzan (AR) 10:30 Nickel Bingo with Barb (AR) 1:30 Horse Race Derby! (AR) 3:00 Fitness with Lisa! (AR) 4:45 to 6:00 Margaritaville Dinner & Pub with John Pebble! (DR) 7:00 Shuffleboard (AR)	19 10:00 Tuck Shop (FL) 10:30 VON Exercise Class (AR) 2:00 Men's Club: Beer and Billiards with Michael (SL) 3:00 Confidence & Relaxation Exercise with Amber (SR) 3:30 Shuffleboard (AR) 7:00 Euchre Night (SL) 7:00 Friday Flick & Munchies: "Thoroughly Modern Millie" (NL)	20 Boardwalk Bingo 9:30 Fit & Fab Walking (NL) 9:45 Catholic Service with Deacon Del (SR) 10:15 Ismali Center Kiddies Visit with Dil (SR) 11:00 Kindermusik (EL) 2:00 Afternoon Nickel Bingo with Falk (AR) 3:30 Shuffleboard (AR) 7:00 Euchre & Games (AR)
21 10:30 Wii Sports (AR) 10:30 Hole in One Mini Putt (EL) 1:30 Hi Way Open Faith Service (AR) 2:30 Sunday Matinee: "The Waterboy" (AR) 3:00 Brainergizer: Mind Maze (TR) 7:00 Bingo Night at the Terrace with Falk (AR)	22 Jewelry Sale (FL) 9:00 Fit & Fab Weigh In (LC) 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (FL) 2:00 February Babies Birthday Party with Johnny Mac! (AR) 3:30 Fitness with Lisa! (AR) 3:30 Winter Hand Paraffin Wax Treatments (SR) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL)	23 Walmart/Fancy's 9:30 Darts with Amber (AR) 10:45 Carpet Bowling with Amber (AR) 1:30 Pampering with Patti (SR) 2:30 VON Exercise Class (AR) 3:00 Tea Social: Name that Tune (TR) 6:30 Nickel Bingo with Elaine (AR) 7:30 Billiards Night (SL)	24 9:30 VON Exercise Class (AR) 9:30 Kindermusik (EL) 10:00 Tuck Shop (FL) 10:30 Sing Along with Lynn (AR) 1:30 Fitness with Lisa (AR) 2:00 Resident General Meeting (TR) 3:00 Walking Club & Heart Rate monitoring with Monica (NL) 7:00 Shuffleboard (AR)	25 VLS Book Exchange 9:45 Fit as a Fiddle with Suzan (AR) 10:30 Nickel Bingo with Barb (AR) 2:00 Fitness with Lisa! (AR) 2:00 Tech Talk: The Worldwide Web (LC) 3:30 Shuffleboard (AR) 7:00 Pub Night Social with Harry the Cap! (AR)	26 10:00 Tuck Shop (FL) 10:30 VON Exercise Class (AR) 1:30 The Salvation Army Church Service (AR) 3:30 Shuffleboard (AR) 7:00 Euchre Night (AR) 7:00 Friday Flick & Munchies: "Die Hard" (NL)	27 9:30 Fit & Fab Walking (NL) 9:45 Catholic Service with Deacon Del (SR) 10:15 AM Energizer (AR) 11:00 Kindermusik (EL) 2:00 Afternoon Nickel Bingo with Barb (AR) 3:30 Shuffleboard (AR) 7:30 Resident Council Party Night! All Welcome! (AR)
28 10:30 Scrabble (EL) 10:30 Hole in One Mini Putt (EL) 2:30 Meditation and Relaxation with Ruth (SR) 3:00 Brainergizer: What's in a Name? (TR) 7:00 Big Jackpot Bingo with Barb (AR)	29 Foot Care (HS) 9:00 Fit & Fab Weigh In (LC) 9:30 VON Exercise Class (AR) 10:00 Tuck Shop (LC) 2:00 Monday Munchies and Matinee: "Leap Year" (NL) 7:00 Shuffleboard (AR) 7:30 Billiards Night (SL) <p style="text-align: center;">Leap Day</p>	Special Notes <ul style="list-style-type: none"> • Please check daily activity table toppers • Programs or locations may change at times • Don't forget to try your luck on our weekly Mystery person Game! Clues located on your daily activity table toppers! • Please sign up for all outings AT LEAST one day before the scheduled trip 				