


# Simcoe Terrace Retirement Residence

May 2018 (Weeks 1 to 3)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Movie Rentals</b> The Activity Office has acquired an extensive DVD collection! Feel free to come on in and take a look! <i>*All movies MUST be signed out and signed back in upon return!*</i>		<b>1</b> 9:45 Floor Kurling w/ Eryn (AR) <b>10:30 Baking Blueberry Muffins w/ Amber (AR)</b> 1:30 Scrabble with Amber (EL) 2:30 VON Exercise Class (AR) 3:30 Think Fast Words w/ Eryn (EL) 6:30 Nickel Bingo w/ Falk (AR) 7:30 Evening Delight Movie: "Monster in Law" (NL)	<b>2</b> 9:45 Bean Bag Toss w/ Amber 10:30 Sing Along w/ Lynn (AR) <b>10:45 Menu Chat w/ Joanne (DR)</b> 1:30 VON Exercise Class (AR) 1:30 Yahtzee w/ Eryn (NL) 2:30 Horse Race Derby with Amber (AR) 3:30 LCR Dice with Amber (AR) 6:45 Shuffleboard (AR) 7:00 Mid-Week Movie: "Harry Potter and the Philosopher's Stone" <i>Happy Birthday Ellen Scott and Bill Bly</i>	<b>3</b> 9:45 Fit as a Fiddle w/ Suzan (AR) 10:00 Visits w/ Mr. Trip (FL) 10:30 Treat Bingo w/ Eryn (AR) 1:30 Washer Toss w/Amber (AR) 2:30 Jeopardy w/ Eryn (EL) 3:00 Shuffleboard (AR) <b>7:00 Pub Night and Dance Social w/ Eric Kidd! (AR)</b>	<b>4 Lunch Club!</b> 9:45 Indoor Bocce Ball w/ Amber (AR/BP) 10:30 VON Exercise Class (AR) 10:30 Crafty Corner w/ Eryn (EL) <b>12:00-1:30 Cinco De Mayo Party and Lunch Club- Fat Bastard Burrito (Sign Up Required)</b> 2:00 Urban Poling (FL) 3:00 Shuffleboard (AR) 7:00 Night Lights: "Lifeboat" (NL) <i>Happy Birthday Judi Cadman</i>	<b>5 Cinco de Mayo</b> 10:00 Catholic Service w/ Deacon Del (SR) 10:30 Resident Run Exercise Class (AR) 1:30 Afternoon Nickel Bingo w/ Falk (AR) 3:00 Shuffleboard (AR) 3:00 Tea Time Brainergizer: Crosswords (TR) 7:00 Euchre and Games (AR) <i>Happy Birthday Marilyn Phelan</i>
<b>6</b> 9:45 Exercise DVD: Sit and Be Fit (AR) 10:30 Scrabble (EL) 1:30 Billiards (SL) 1:30 Heritage Baptist Church Service (AR) 3:00 Tea Time Easy Listening w/ Barb (TR) 6:30 Bingo Night at the Terrace w/ Falk (AR) 7:30 Blockbuster: "Beverly Hills Cop" (NL) <i>Happy Birthday Phyllis Stratton</i>	<b>7 Foot Care (HS)</b> 9:30 VON Exercise Class (AR) 9:45 Boggle with Amber (EL) 10:30 Ladder Ball w/ Eryn (AR) 1:30 Cribbage w/ Eryn (EL) 2:30 Horse Race Derby w/ Amber (AR) 3:30 Lotto Bingo w/ Falk (AR) 6:45 Shuffleboard (AR)	<b>8</b> 9:45 Manicures w/ Eryn (SR) <b>10:30 Tai Chi with Kathleen (AR)</b> 10:30 Jeopardy with Amber (EL) 1:30 Archery Obstacles w/ Amber (AR/BP) 2:30 VON Exercise Class (AR) 3:30 Brainergizer: Mad Libs w/ Eryn (AR) 6:30 Nickel Bingo w/ Falk (AR) 7:30 Evening Delight Movie: "Drowning Mona" (NL)	<b>9 Walmart/Lunch</b> 9:45 Indoor Croquet with Amber (AR) 10:30 Sing Along w/ Lynn (AR) <b>11:00 Shopping &amp; Lunch Outing (FL)</b> 1:30 VON Exercise Class (AR) 2:30 Horse Race Derby w/ Amber (AR) <b>3:30 Programs Chat w/ Amber and Eryn (SR)</b> 6:45 Shuffleboard (AR) 7:00 Mid-Week Movie: "The Pacifier" (NL) <i>Happy Birthday Irene Lee</i>	<b>10</b> 9:45 Fit as a Fiddle w/ Suzan (AR) 10:00 Visits w/ Mr. Trip (FL) 10:30 Treat Bingo w/ Eryn (AR) <b>1:30 Self Contained EcoSystems with Guest Aqua Accents (AR) Sign up was Required-Closed</b> 2:30 Categories Word Game w/ Eryn (EL) 3:00 Shuffleboard (AR) <b>7:00 Karaoke and Pub Night w/ Amber and Eryn! (AR)</b>	<b>11 Jewelry Sale (FL)</b> 9:45 Lawn Darts w/ Eryn (AR) 10:30 The Invention Game w/ Amber (EL) 10:30 VON Exercise Class (AR) <b>1:30 Adventures in Art w/ Amber: Calligraphy (AR)</b> 2:30 Round Robin Games Tournament (SL) 3:00 Shuffleboard (AR) 7:00 Night Lights: "The Sandpebbles" (NL)	<b>12</b> 10:00 Catholic Service w/ Deacon Del (SR) 1:30 Afternoon Nickel Bingo w/ Falk (AR) 3:00 Shuffleboard (AR) <b>7:30 Resident Council Euchre Tournament (AR)</b>
<b>13 Mother's Day</b> 9:45 Exercise DVD: Tai Chi (AR) 10:30 Scrabble (EL) 1:30 Billiards (SL) 2:00 History Buffs (EL) 3:00 Tea Time Easy Listening w/ Falk (TR) 6:30 Bingo Night at the Terrace w/ Falk (AR) 7:30 Blockbuster "Live Free or Die Hard" (NL)	<b>14 Foot Care (HS)</b> 9:30 VON Exercise Class (AR) 9:45 Yahtzee with Amber (EL) <b>10:30 Baking Oatmeal Raisin Cookies w/ Eryn (AR)</b> 1:30 Carpet Bowling w/ Eryn (AR) 2:30 Horse Race Derby w/ Amber (AR) 3:30 Lotto Bingo w/ Falk (AR) 6:45 Shuffleboard (AR)	<b>15</b> 9:45 Kurling w/ Amber (AR) 10:30 Crafty Corner w/ Eryn (EL) <b>1:30 Armchair Travel to England w/ Eryn (NL)</b> 2:30 VON Exercise Class (AR) 3:30 Paraffin Hand Wax Treatments with Amber (SR) 6:30 Nickel Bingo w/ Falk (AR) 7:30 Evening Delight Movie: "Junior" (NL)	<b>16 Men's Breakfast</b> <b>8:30 Men's Breakfast w/ Guest Alex Nuttall (AR) - Invite Only</b> 9:45 Urban Poling (FL) <b>10:30 Anglican Service (AR)</b> 1:30 VON Exercise Class (AR) 1:30 Jeopardy w/ Eryn (EL) 2:30 Bean Bag Toss w/ Amber (AR) 6:45 Shuffleboard (AR) 7:00 Mid-Week Movie: "Charlie's Angels: Full Throttle" (NL) <i>Happy Birthday Harry Sloan</i>	<b>17 BPL Exchange</b> 9:45 Fit as a Fiddle w/ Suzan (AR) 10:00 Visits w/ Mr. Trip (FL) <b>10:30 Spring Gardening w/ Eryn (AR)</b> 1:30 Washer Toss w/ Amber (AR) 2:30 Cribbage w/ Eryn (EL) <b>3pm to 6pm - Activity Room Booked for Staff Training</b> <b>7:00 Pub Night and Dance w/ Gerry Chaput! (AR)</b>	<b>18 Food for Children Fundraising Sale (FL)</b> 9:45 Ladder Ball w/ Amber (AR) 10:30 VON Exercise Class (AR) 10:30 Story and Discussion w/ Eryn (EL) <b>1:30 New Resident Meet N' Greet (AR)</b> 3:00 Shuffleboard (AR) 3:30 Paraffin Hand Wax Treatments w/ Amber (SR) 7:00 Movie: "Rundown" (NL)	<b>19 Royal Wedding</b> 7:00 Tune into the Royal Ceremony on CBC/CTV 10:00 Catholic Service w/ Deacon Del (SR) 10:30 Resident Run Exercise (AR) 1:30 Afternoon Nickel Bingo w/ Falk (AR) 3:00 Shuffleboard (AR) 7:00 Euchre and Games (AR)

## LEGEND

AR=Activity Room BP=Back Patio EL=Elevator Lounge FL=Front Lounge HS=Hair Salon  
 LC=Lifestyle Consultant NL=North Lounge SL=South Lounge TR=Tea Room SR=Sun Room

# Simcoe Terrace Retirement Residence

May 2018 (Weeks 4 & 5)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>20</b> 9:45 Exercise DVD: Yoga (AR) 10:30 Scrabble (EL) 1:30 Billiards (SL) 3:00 Tea Time Easy Listening w/ Barb (TR) 6:30 Bingo Night at the Terrace w/ Falk (AR) 7:30 Blockbuster "Slap Short" (NL)</p> <p><i>Happy Birthday Robert Norrena</i></p>	<p><b>21 Victoria Day</b> 10:30 Resident Run Exercise Class (AR) <b>1:30 Movie Matinee: "The Young Victoria" (NL)</b> 3:00 Tea Time: Victoria Day Puzzle Books (TR) 3:30 Lotto Bingo w/ Falk (AR) 6:45 Shuffleboard (AR)</p> <p><i>Happy Birthday David Armstrong</i></p>	<p><b>22</b> 9:45 Archery Obstacles w/ Eryn (AR/BP) 10:30 You be The Judge Discussion w/ Eryn (EL) 1:30 Jeopardy w/ Eryn (EL) 2:30 VON Exercise Class (AR) 3:30 Group Crosswords w/ Eryn (EL) 6:30 Nickel Bingo w/ Falk (AR) 7:30 Evening Delight Movie: "Man of the House" (NL)</p>	<p><b>23</b> 9:45 Indoor Croquet w/ Eryn (AR) 10:30 Sing Along w/ Lynn (AR) 10:30 Manicures w/ Eryn (SR) <b>2:00 Sandy Cove Men's Glee Club (AR)</b> 3:00 Cribbage w/ Eryn (EL) 6:45 Shuffleboard (AR) 7:00 Mid-Week Movie: "Two Weeks Notice" (NL)</p>	<p><b>24</b> 9:45 Fit as a Fiddle w/ Suzan (AR) 10:00 Visits w/ Mr. Trip (FL) 10:30 Treat Bingo w/ Eryn (AR) <b>1:30 High Tea to Celebrate Queen Victoria's Birthday (AR)</b> 3:00 Shuffleboard (AR) <b>7:00 Resident Council Party w/ Brian Richard (AR)</b></p>	<p><b>25</b> 9:45 Darts Competition w/ Eryn (AR) 10:30 VON Exercise Class (AR) <b>1:30 Salvation Army Church Service (AR)</b> 1:30 Round Robin Games Tournament (SL) 2:30 Crazy 8's Card Game w/ Eryn (EL) 3:00 Shuffleboard (AR) 7:00 Night Lights: "Miller's Crossing" (NL)</p>	<p><b>26</b> 10:00 Catholic Service w/ Deacon Del (SR) 10:30 Resident Run Exercise (AR) 1:30 Afternoon Nickel Bingo w/ Falk (AR) 3:00 Shuffleboard (AR) <b>7:30 Resident Council Euchre Tournament (AR)</b></p> <p><i>Happy Birthday Barry Piquette</i></p>
<p><b>27</b> 9:45 Exercise DVD: Tai Chi (AR) 10:30 Scrabble (EL) 1:30 Billiards (SL) 2:00 History Buffs (EL) 3:00 Tea Time Easy Listening w/ Falk (TR) 6:30 Jackpot Bingo w/ Falk (AR) 7:30 Blockbuster "Police Academy" (NL)</p>	<p><b>28</b> 9:30 VON Exercise Class (AR) 9:45 Group Crosswords w/ Eryn (EL) <b>10:30 Resident General Meeting (AR)</b> <b>2:00 May Babies Birthday Party w/ Eileen Hennessey! (AR)</b> 3:30 Lotto Bingo w/ Falk (AR) 6:45 Shuffleboard (AR)</p> <p><i>Happy Birthday John "T-Kay" Kennedy</i></p>	<p><b>29 Bake Sale for Jayme</b> 9:45 Muscles and Music (AR) 10:30 Lawn Darts w/ Eryn (AR/BP) <b>2:00 The Simcoe Songsters! (AR)</b> 3:00 Categories Word Game w/ Eryn (EL) 6:30 Nickel Bingo w/ Falk (AR) 7:30 Evening Delight Movie: "Dawg" (NL)</p> <p><i>Happy Birthday Luciana Massarotto</i></p>	<p><b>30</b> 9:45 Bocce Ball w/ Amber (AR/BP) 10:30 Current Events w/Eryn (EL) 10:30 Sing Along w/ Lynn (AR) 1:30 VON Exercise Class (AR) <b>1:30 Get Krafty with Amber (EL)</b> 2:30 Jeopardy w/ Eryn (EL) 6:45 Shuffleboard (AR) 7:00 Mid-Week Movie: "27 Dresses" (NL)</p> <p><i>Happy Birthday David Letourneau</i></p>	<p><b>31</b> 9:45 Fit as a Fiddle w/ Suzan (AR) 10:00 Visits w/ Mr. Trip (FL) 10:30 Treat Bingo w/ Eryn (AR) <b>1:30 Walk to Kawartha Dairy for Ice Cream! (FL)</b> 3:00 Shuffleboard (AR) <b>7:00 Pub Night &amp; Dance w/ the Russ Strathdee Duo (AR/BP)</b></p>	<p><b>Walmart and Swiss Chalet Lunch Outing</b></p>  <p>Wednesday, May 9th at 11am Sign up at the front desk! Limit of 12</p>	<p><b>Adventures in Art with Amber</b> <i>Calligraphy</i> Friday, May 11th at 1:30pm Activity Room Sign up Required! Limit of 12 Participants</p>
<p><b>The Games Room is NOW complete in the South Lounge!</b></p> <p>Bring yourself and your family and enjoy using the room: Room includes an air hockey table, foosball table, basketball hoop and billiards table!</p>	<p><b>Urban Poling</b> A Great Addition to your exercise routine! Try Urban Poling to improve balance, posture, reduce impact off painful joints and to improve your mood and confidence!</p> <p><b>Join us Friday May 4 @ 2:00 p.m. and Wednesday May 16 @ 9:45 a.m. to try it out!</b></p>	<p><b>Cinco de Mayo Lunch Club!</b> <b>Lunch Club- Friday May 4th</b> <b>Must Pay Amber or Eryn by Thursday May 3 @ 12:00 pm</b></p> <p>Options 1 Burrito: Baked Chicken OR Pulled Pork (\$9.50) 3 Tacos: Ground Beef OR Fish (\$11.85)</p> <p>Toppings: (Unlimited) Beans/Rice/Noodles/Lettuce Cheese/Green Onions/Jalapenos Cilantro/Pico De Gallo/Peppers Coleslaw/Guacamole/Salsa Sour Cream/Burrito Spice</p> 		<p>The Tuck Shop is open for Business Monday to Friday 1:30pm - 2:30pm (Front Lounge)</p>	<p><b>Men's Breakfast</b> Wednesday, May 16th at 8:30am (Activity Room) Guest Speaker: Alex Nuttall, MP</p> <p>Breakfast will be held bimonthly and is by invite only!</p> <p>Names will be drawn from a hat. Once your name is drawn, you will be back in rotation after everyone has had a chance to attend a breakfast! See you there!</p>	<p><b>Self Contained EcoSystems with Guest Aqua Accents</b> Thursday May 10th at 1:30pm</p> <p><i>This program has been carried over from April!</i> <b>Sign Up is FULL.</b> <i>Please see Amber if you would like to be on the waitlist in case of cancellations.</i></p>

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